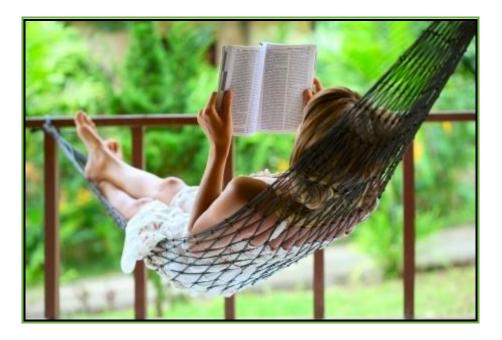
# Welcome to St. John's University E-Bookstore



The E-Bookstore is organized into areas of self empowerment books about the healing power of the inner mind, a large selection of self-healing subliminal long playing CDs, and professional Hypnotherapy materials available to Certified Hypnotherapy practitioners and trainers.

The 2 page order form is located at the bottom of this section. Orders are filled and shipped within two to three days after your order is received and processed. If a book or CD is temporarily out of stock, your order may be temporarily delayed.

# **Self-Help Books**



Individuals purchase these books to learn how to harness the power of their inner mind and achieve unlimited personal benefits.

Therapists purchase these books to better understand the role of the inner mind in the healing process and to reinforce the benefits from their therapy sessions.

Hypnotherapy schools and trainers purchase these books to supplement their certification training materials and provide advance hypnotherapy techniques.

Libraries purchase these materials to supplement their current books on the topic of self-help materials.

College and universities purchase these books as supplemental reading material for college courses and for the department of student counseling services.

Support programs for veterans, individuals in recovery from addictions or domestic violence and others, purchase these books to enhance their 12 step program of self-empowerment.

A minimum order of 5 copies of the same book is required to purchase at wholesale prices. Contact S.J.U. for additional discounts given for orders of 25, 50 and 100 copies.

Pricing does not include shipping or insurance.

## "Dr. Art Saved My Life!"

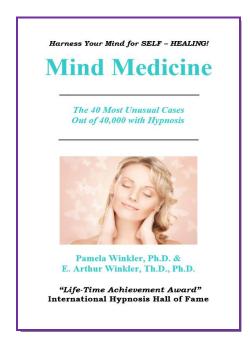
"I was dying from Crohn's disease. I am Case #40. Dr. Art saved my life! The power of the mind for self-healing is now clearly revealed. Mind Medicine is a testament to the Healing Power Within. I am a living witness!"

- Rev. Fran Pieper, M.S., St. Charles, MO, Hypnotherapist, Minister -Director of Gateway Center for Spiritual Growth

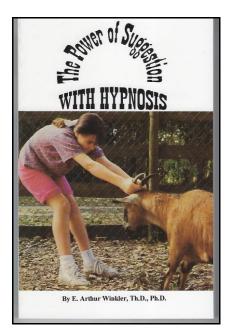
### "This is Our Real Connection to God"

"These incredible cases exhibit the profound healing power of the subconscious mind. Drs. Pam and Art are the first to tell you, they are not healing anyone, but are guiding each person to heal themselves. This is the real human connection to God. My admiration for their dedication to serve is sincerely heart-felt."

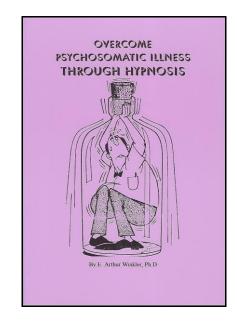
- Ray Miramontes, Ph.D., Bonita, CA, Minister, Hypnotherapist, Civil Engineer -



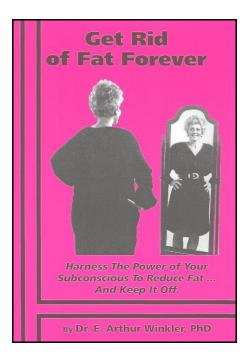
<u>Mind Medicine - The 40 Most Unusual Cases Out of 40,000 With Hypnosis</u> by Drs. Pamela & E. Arthur Winkler, reveals fascinating cases of how, despite very complicated cases, the inner mind can be harnessed for wellness. What the mind has caused, the mind can cure. S.J.U. Press, 2019, paperback, 201 pages. \$24.95 retail



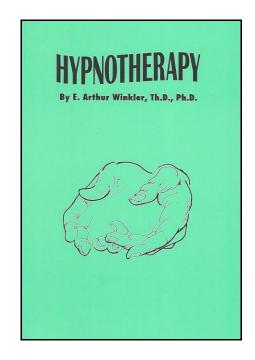
The Power of Suggestion Through Hypnosis by E. Arthur Winkler, Th.D., Ph.D. explains the unlimited power of suggestion and how we can effectively word our thoughts and our words to create improved health and greater success. S.J.U. Press, 1993, paper back, 105 pages. \$10.00 retail \$6.00 wholesale



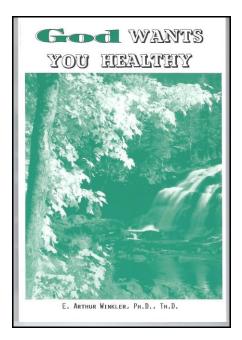
Overcome Psychosomatic Illness Through Hypnosis by E. Arthur Winkler, Th.D., is helpful with ways to harness the inner mind for better stress management. Fascinating stories of how the mind can make us sick or keep us well. S.J.U. Press, 1993, paperback, 104 pages. \$10.00 retail \$6.00 wholesale



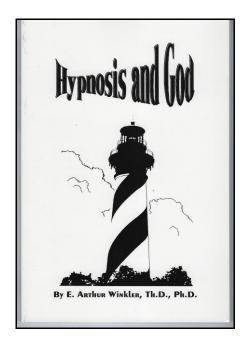
<u>Get Rid of Fat Forever</u> by E. Arthur Winkler, Th.D., Ph.D. reveals why diets do not work! Dr. Art has enabled thousands of clients to resolve the real or root cause of their over weight. Hypnosis is the most reliable way to naturally achieve and maintain a slim, healthy body. S.J.U. Press, 1990, paperback, 77 pages. \$10.00 retail \$6.00 wholesale



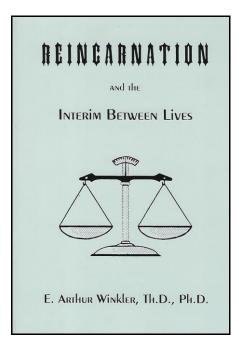
<u>Hypnotherapy</u> by E. Arthur Winkler, Th.D., Ph.D. explains the fundamentals of effective Hypnotherapy. The true value of Clinical Hypnotherapy is as good as the professional skills of the Hypnotherapist using it. St. John's University has offered University training in Clinical Hypnotherapy since 1970. See the S.J.U. catalog for more information. S.J.U. Press, 1989, paperback, 137 pages. \$12.00 retail \$8.00 wholesale



<u>God Wants You Healthy</u> by E. Arthur Winkler, Th.D., Ph.D. illustrates that God naturally designed us to be healthy, and when the mind-body-spirit is out of balance, the inner mind was also designed to heal the mind and then return the body to good health. S.J.U. Press, 1993, paperback, 151 pages. \$12.00 retail \$8.00 wholesale



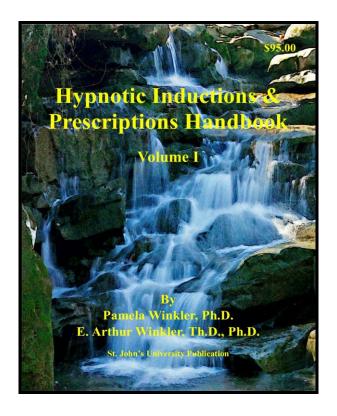
<u>Hypnosis and God</u> by E. Arthur Winkler, Th.D., Ph.D. connects the realms of science and spirituality to help us better understand the miraculous healing ability of the inner mind perceived as "miracle cures" in the 40 client cases featured in <u>Mind Medicine</u>. S.J.U. Press, 1976, paperback, 101 pages. \$10.00 retail \$6.00 wholesale



**Reincarnation and the Interim Between Lives by E. Arthur Winkler, Th.D., Ph.D.** was written after regressing more than 8,000 individual clients to reveals what the soul experiences at death and the countless opportunities for the soul to continue its progression toward spiritual perfection. It explains the spiritual law of karma and how karma effects our soul choices as well as a better understanding regarding our soul mates and twin souls. S.J.U. Press, paperback, 260 pages. \$10.00 retail \$6.00 wholesale

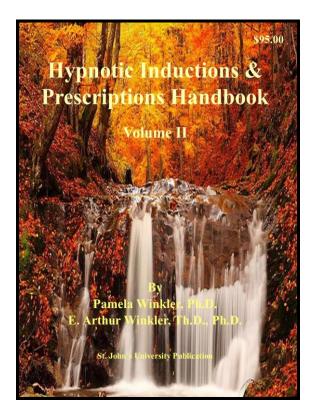
#### **Professional Hypnotherapy Materials**

The Volume I and Volume II Hypnotherapy script handbooks are available to Certified Hypnotists and Hypnotherapists. Documentation of Certification is required to purchase these materials. Drs. Art and Pam Winkler carefully designed hundreds of hypnotic inductions and therapeutic scripts as a result of working with over 40,000 private clients. Both volumes of Hypnotherapy Handbooks are included in St. John's University's Hypnotherapy Certification, Master of Arts, Ph.D., and Post-Doctoral programs.



**Volume I - <u>Hypnotic Inductions & Prescription Handbook</u>** by Drs. Pamela & E. Arthur Winkler. S.J.U. Press, 1989, 3 ring binder, 370 pages. \$95.00 retail \$75.00 wholesale

Consists of 365 pages bound in a 3 ring binder. Hypnotherapy inductions, indirect releasing techniques, and dozens of therapeutic scripts including: smoking cessation, weight management, self confidence, depression, anxiety, stress management, panic attacks, pain management, psychosomatic illnesses including high blood pressure, arthritis, child/adult asthma, cancer, sugar diabetes, alcoholism, sexual dysfunctions, special techniqus including age/past life regression, and dozens of additional scripts for psychosomatic illnesses and personal issues. Hypnotherapy trainers are eligible to purchase the Hypnotherapy Handbooks at the wholesale price when ordering a minimum of 5 copies of either or both volumes.



**Volume II** <u>Hypnotic Inductions & Prescription Handbook</u> by Drs. Pamela & E. Arthur Winkler. S.J.U. Press, 1993, 3 ring binder, 345 pages. \$95.00 retail \$75.00 wholesale

Consists of 345 pages bound in a 3 ring binder. Included are hypnotic convincers, inductions, deepening and confusion techniques, gentle releasing techniques, and therapeutic scripts for mental health issues, addictions, enhancing athletic abilities, and dozens of additional client psychosomatic illnesses and personal issues.

Many of these scripts were designed for clients who sought Hypnotherapy sessions with Dr. Pam and Art Winkler and required specially designed scripts.

Hypnotherapy schools and trainers are eligible to purchase the Hypnotherapy Handbooks at the wholesale price when ordering a minimum of 5 copies of either or both volumes.

### **Subliminal Self-Healing CDs**



During the 1960's, Dr. Art Winkler was a pioneer in the scripting and recording of subliminal self-healing cassette tapes that were later converted to CDs. Thousands of people have been helped by listening to these self-healing CDs.

You will consciously hear beautiful music, birds, and other relaxing nature sounds, as your inner mind benefits from hundreds of therapeutic subliminal suggestions that are recorded under the music. The script, with the word-for-word affirmations, and directions for how to use for auto-suggestion, will be sent with each subliminal CD ordered. It is suggested that you listen to a subliminal CD daily for at least 30 consecutive days.

These long playing subliminal CDs can be played as background music while you are doing other things.

#1 & 2	Weight Reduction
<b>#9 &amp; 10</b>	Self-Confidence
#21	Improve Mental Health (depression, anxiety)
#24	Overcome Pain
#25	Sexual Fulfillment (female)
#54	Sexual Fufillment (male)
#34	Overcome Fear
#43	Improve Health
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#80	Healing Past Life Memories
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	God Wants You Healthy (\$12.00/\$8.00 ea.)				
	Hypnosis and God (\$10.00/\$6.00 ea.)				
	Reincarnat	tion & the Interim Between Lives (\$10.00/\$6.00 ea.)	\$		
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	Hypnotic I	nductions & Prescription Handbook Vol I (\$95.00)	\$		
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Your order will be confirmed by e-mail and filled within 2-3 days of receipt. You will be contacted should there be any question about your order. You will be notified with estimated delivery date and receive confirmation of the estimated mailing cost if your order needed to be adjusted for extra weight.

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